



SCHOOL SPORTS PARTNERSHIP

EQUIPMENT

- Cones

TIPS

- What other animal walks can you think of?

ANIMAL WALKS/WACKY RACES

AGILITY | BALANCE | COORDINATION | SPEED

OBJECTIVE

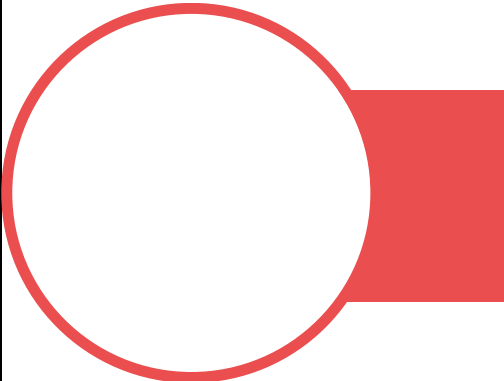
ANIMAL WALKS ARE LOTS OF FUN AND ENCOURAGE CHILDREN TO BE CREATIVE WHILST ALSO DEVELOPING THEIR AGILITY, BALANCE, COORDINATION AND SPEED.

MAIN SESSION





Children will travel to and from cones/lines creating different animal walks. An element of competition can be added in by creating a race and selecting the best animal walks. Ask the children if they can come up with their own animal walk to encourage their creativity. Get the children to work in pairs to teach each other their own animal walk. Create some 'Wacky Races' for the children to practice each other's animal walks.

ANIMAL WALKS:

- Monkey Swing
- Frog Hops
- Chicken Run
- Galloping
- Penguin Waddle
- Bear Walk
- Crab Walk
- Elephant Walk
- Kangaroo Jump
- One-legged Flamingo Hops

 <p data-bbox="219 636 391 741">YN</p>	<p data-bbox="954 430 1495 485">KS1 MULTI SKILLS</p> <p data-bbox="711 506 1495 562">PROFESSION OR INDUSTRY LINK TO OTHER ONLINE PROPERTIES: PORTFOLIO/WEBSITE/BLOG</p>
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